

# NORTHERN Tourist Guide

Hotel Solverde Spa & Wellness Center



**SOLVERDE**  
CASINOS · HOTÉIS



## HOTEL SOLVERDE SPA & WELLNESS CENTER



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## SENHOR DA PEDRA CHAPEL



Built on a cliff by the sea on Miramar beach in Vila Nova de Gaia, it is a religious sanctuary known for its unique baroque architecture and mystical aura.

## PILAR MOUNTAINS MONASTERY



Built in the 16th century, it is an impressive historical and architectural monument in Vila Nova de Gaia that stands out for its circular church and cloister, both in the Mannerist style. It has also been classified as a UNESCO World Heritage Site.

## SEE THE PORTO RIVERSIDE FROM THE VILA NOVA DE GAIA SIDE



Recognised as a UNESCO World Heritage Site, the enchanting panoramic view of Oporto's historic riverside area offers a picturesque and authentic backdrop to Portuguese culture and architecture.

## DOM LUIS I BRIDGE



Iconic Baroque bell tower designed by the Italian architect Nicolau Nasoni. At 75 metres high, it offers a panoramic view of the city and is one of Oporto's main landmarks.

## CLÉRIGOS TOWER



An emblematic double metal arch bridge, designed by Théophile Seyrig, Gustave Eiffel's partner, which crosses the River Douro, linking the cities of Oporto and Vila Nova de Gaia.

## SÃO BENTO STATION



Recognised for its impressive tile panels depicting historical scenes of Portugal, it is the destination of one of the most breathtaking train journeys: the seaside route from Granja to Oporto.

## AGUDA BEACH



With its strong waves, it is popular with surfers and offers good conditions for underwater fishing, due to the many specimens that shelter on its rocky bottoms.

## GRANJA BEACH



Natural beauty, long stretches of sand, historic charm and unrivalled tranquillity. The atmosphere is calm and relaxing, making it a popular choice for families during the summer.

## BAÍA BEACH



With a wide seafront promenade close to the centre of Espinho, it is the city's most popular beach. Several World Surfing League championships are held here.

## MADALENA BEACH



It offers good conditions for surfing and beach volleyball and is even the venue for various national and international competitions.

## LAVANDEIRA PARK



Located in Oliveira do Douro, it offers various leisure activities, including hiking trails, picnic areas and themed gardens.



## ELA Estação Litoral da Aguda



Scientific research unit dedicated to the study of marine and coastal ecosystems and research into biodiversity, conservation and sustainable management of coastal areas.

## COASTAL ECOVIA



A 15-kilometre cycle and pedestrian path that stretches along the Portuguese coast, offering breathtaking views of the Atlantic Ocean and coastal landscapes. Vila Nova de Gaia's wooden walkway stands out, connecting the beaches of Lavadores to Espinho.

## LOCAL NATURE RESERVE OF THE DOURO ESTUARY



A protected area covering around 62 hectares of wetlands and estuaries. As it is a crucial point for migratory birds, it has become a privileged spot for observing birds of different species, especially during spring and autumn migrations.

## MORRO GARDEN



Located in the city of Vila Nova de Gaia, it is a park with large green areas, centenary trees and leisure spaces, popular for picnics, walks and outdoor events.

## SANTO INÁCIO ZOO



Located just 10 minutes from the centre of Oporto, it is the largest and greenest zoo in the country. It is committed to conservation and environmental education, providing an enriching environment where visitors can learn about biodiversity and the importance of preserving global fauna.

## AROUCA SUSPENSION BRIDGE



An impressive structure 516 metres long and 175 metres high over the Paiva River in Arouca. Known as the '516 Arouca', it is the longest suspended pedestrian bridge in the world.

## PAIVA WALKWAYS



A tourist attraction located in the municipality of Arouca, it consists of a walking route of around 8 kilometres along the Paiva River. It offers an enchanting view of the natural landscape, where rock formations, waterfalls and lush vegetation stand out.

## URBAN ART TOUR



It is a route that explores the vibrant expressions of street art in the cities of Oporto, including murals, graffiti and urban installations, revealing the creativity and dynamism of the local art scene.

# EVENTS FESTIVITIES



## FEST - NEW DIRECTORS' FESTIVAL

The New Directors' Festival is a unique celebration of new cinema and new filmmakers, which takes place every year at the beginning of summer in Espinho.



## SÃO PEDRO FESTIVITIES

It takes place on 29 June in Espinho and has become one of the county's major festivals. The Desfile das Rusgas a S. Pedro and the majestic Procession are the highlights. Lots of music and party at this event dedicated to the sea.



## ESPINHO INTERNATIONAL MUSIC FESTIVAL

It hosts some of the world's best performers in their fields. It usually takes place in June and July.



## MEO MARÉS VIVAS

A music festival that takes place annually in July in Vila Nova de Gaia. With a diverse programme that includes big names in national and international music, it combines live performances with a vibrant atmosphere on the banks of the Douro River.



## MEDIEVAL JOURNEY

This is Europe's largest medieval re-enactment event, which takes place every year for eleven consecutive days. In August, Santa Maria da Feira becomes decorated to the nines and the whole city is transformed to recreate the atmosphere of the Middle Ages. As well as all the medieval activities and re-enactments, the food menu is also a throwback to the past.

## SÃO JOÃO FESTIVITIES

**Porto.**

Oporto's most revered saint puts the whole city into a festive mood on the night of 23 June. Music, dancing, snacks and fireworks mark the São João festivities.

## INTERNATIONAL MEETING OF LIVING STATUES



It is one of the highlights of street entertainment in Espinho. The "statue men" surprise the public in an event that usually takes place in June.

## VIR A BANHOS



It recalls the golden age of Espinho, when villains and noblemen used to go to the beach on prescription. The recreation of a beach at the beginning of the 20th century involves around a hundred extras, where you can get to know and enjoy the customs of the people who enjoyed beach bathing in Espinho and a tourist resort full of glamour for the time. It usually takes place on a weekend in July.

## SOUND WAVES

**SOUND WAVES**

Held in Esmoriz in mid-July, it is a music festival that offers a unique experience on the Portuguese coast, combining musical performances with cultural and gastronomic activities.

## CINANIMA



The Espinho International Animated Film Festival takes place in the second week of November. It has a long and valuable history in the context of world animation cinema, being the pioneering festival in Portugal. It is the oldest in the country and the third oldest in the world.



## PERLIM

The annual Christmas theme park in Santa Maria da Feira. With a magical and festive atmosphere, it offers a variety of attractions and activities, such as light shows, craft workshops, meetings with Christmas characters, an ice rink, among others.







# LOCAL GASTRONOMY

- NOT TO BE MISSED -

Codfish



Cozido à portuguesa



Francesinha



Fogaças de Santa Maria da Feira



Tripas à moda do Porto



Sardines and Fresh Fish







# SPORT

## Golf

Oporto Golf Club



## Surf

Surf Guide & The Spot Surf School



## Football

Aguda Park



## Tennis

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## Horse Riding

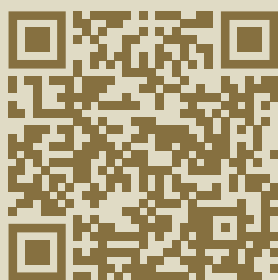
Serzedo Equestrian Centre  
International Equestrian Association – School Horses



## Water and Nautical Sports

Douro Marina & Crestuma Nautical Club  
[ Douro Sailing, Douro Academy, BBDouro ]





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